

GENERAL VASCULAR SURGERY MEDICAL GROUP, INC.

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**VASCULAR SURGERY
NONINVASIVE VASCULAR DIAGNOSIS**

**POST-OPERATIVE INFORMATION
following
PERIPHERAL BYPASS SURGERY**

1. Normal post-operative finding:

Mild pain and/or redness along incision. These symptoms should gradually improve; the leg should feel better each day. You may use Regular Strength Tylenol for incisional pain. You may take 2 tablets every four hours as needed for pain.

You may have mild-to-moderate swelling in the operated leg; this can be treated by lying on the bed or a recliner and elevating the leg on a few pillows so that the foot of the swollen leg is at eye level. The swollen leg needs to be elevated higher than your heart. It is okay to continue walking, but when not walking, elevate your leg if swelling occurs.

2. Your incision will be closed with staples or sutures. These will need to stay in place for 10-20 days.
3. Following your discharge from the hospital, you should call our office and make an appointment to be seen within 7-10 days.
4. If you develop excessive pain, redness, or swelling along the incision, or note drainage from the incision, you should notify your doctor's office.
5. Your incision should be kept dry and clean until you see the doctor in the office for your first follow-up visit. You should not shower until your staples are removed. Sponge bathing is okay.
6. Your doctor does not want you to drive a motor vehicle until you are seen in the office for your first post-operative visit and he gives you permission.
7. You are to continue taking the same medications at the same dosages you were taking prior to surgery unless instructed otherwise by your doctor.

8. We encourage you to follow a low cholesterol diet, stop smoking, and maintain an average weight for your body build. These things have been shown to be associated with atherosclerosis which is build-up of plaque and cholesterol in the blood vessels that cause majority of artery blockages.

9. Walking is good for you. We encourage it daily. Just remember you will tire easily, so take it slowly at first and gradually increase your activity.

10. If you have any questions, please feel free to contact our office at the above-listed number.